



SEVEN GENERATIONS
ENERGY

NOTICE OF ANNUAL AND SPECIAL MEETING OF SHAREHOLDERS AND MEETING MATERIALS

Date: Tuesday, May 5, 2020
Time: 10:30 a.m. (Calgary time)
Link: www.virtualshareholdermeeting.com/SVRGF2020
Call: (877) 328-2502 (toll free in North America) or (412) 317-5419 (international)

The business of the meeting will be to:

1. receive and consider the financial statements of the corporation for the year ended December 31, 2019 and the auditor's report on those statements;
2. fix the number of directors of Seven Generations to be elected at the meeting at ten (10);
3. elect the directors;
4. appoint PricewaterhouseCoopers LLP (PwC) as auditor and authorize the directors to fix the auditor's remuneration;
5. consider and, if thought advisable, pass an ordinary resolution ratifying and approving the corporation's 2020 performance and restricted share unit plan;
6. consider an advisory resolution on the company's approach to executive compensation; and
7. transact such other business as may properly be brought before the meeting or any adjourned or postponed meeting.

The company is holding the meeting as a completely virtual meeting, which will be conducted via live webcast. This meeting format will provide all shareholders, regardless of geographic location, an equal opportunity to participate at the meeting and engage with directors of the company and management as well as other shareholders. Shareholders will not be able to attend the meeting in person.

Meeting Materials

As permitted by Canadian securities regulators, we are using notice-and-access to deliver this circular and our annual report (the meeting materials) to both our registered and non-registered shareholders. This means that the meeting materials are being posted online for you to access, rather than being mailed out. Notice-and-access gives shareholders more choice, substantially reduces our printing and mailing costs, and is in keeping with our commitment to sustainability as it reduces the environmental impact associated with producing and distributing large quantities of printed meeting materials.

You will still receive a form of proxy or a voting instruction form in the mail so you can vote your shares but, instead of receiving a paper copy of the meeting materials, you will receive a notice with information about how you can access the meeting materials electronically and how to request a paper copy. The meeting materials are available on our website at www.7genergy.com/investors/annual-meeting or on the SEDAR website at www.sedar.com. Shareholders who have consented to e-delivery will receive the notice in an electronic format.

You may request a paper copy of the meeting materials, at no cost, up to one year from the date the meeting materials were filed on SEDAR. To make such a request, please call 1-877-907-7643 if you are a non-registered shareholder or 1-855-887-2243 if you are a registered shareholder. All shareholders with questions about notice-and-access can call 1-855-887-2244.

You are entitled to vote if you hold common shares of Seven Generations at the close of business on March 10, 2020, the record date for the meeting. Please take some time to read the management information circular. The circular contains important information about Seven Generations and the business of the meeting and explains who can vote and how to vote.

BY ORDER OF THE BOARD OF DIRECTORS

Marty Proctor
President and Chief Executive Officer
Director

March 2, 2020



REMEMBER TO VOTE.
Your vote is important to us.

Detailed voting instructions for non-registered and registered shareholders can be found starting on page 2 of the circular.

It is important that you read the circular carefully before voting your shares.